

July National Health Observances: HIV Stigma and Hepatitis Awareness

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Each month we feature select National Health Observances (NHOs) that align with our priorities for improving health across the United States. In July we are raising awareness about HIV stigma and viral hepatitis.

Below you'll find links to resources that will help you promote these NHOs. Join us in advocating for better health nationwide!

- **Zero HIV Stigma Day**

As a collaborative effort, the International Association of Providers of AIDS Care [🔗](https://www.iapac.org/2022/07/21/zerohivstigmaday) (<https://www.iapac.org/2022/07/21/zerohivstigmaday> /#:~:text=President%2FChief%20Executive%20Officer%20of%20IAPAC%20and%20the%20Fast-Track,to%20dignity%2C%20health%2C%20and%20well-being%20for%20everyone%20everywhere.%E2%80%9D) (IAPAC) and NAZ [🔗](https://www.naz.org.uk/zerohivstigmaday) (<https://www.naz.org.uk/zerohivstigmaday>) are celebrating Zero HIV Stigma Day on July 21 to globally raise awareness about HIV stigma and help people learn about ways to stop it. This day also honors Prudence Mabele, the first Black South African woman to publicly share her HIV status. Help stand up to stigma by sharing this resource on HIV stigma [🔗](https://www.cdc.gov/stophivtogether/hiv-stigma/index.html) (<https://www.cdc.gov/stophivtogether/hiv-stigma/index.html>). And check out this social media toolkit [🔗](https://www.cdc.gov/stophivtogether/partnerships/toolkit/february-202-toolkit.html) (<https://www.cdc.gov/stophivtogether/partnerships/toolkit/february-202-toolkit.html>) from the Centers for Disease Control and Prevention (CDC) content to challenge HIV stigma. We also have MyHealthfinder resources that you can share to help people get tested for HIV (<https://health.gov/myhealthfinder/health-conditions/hiv-and-other-stds/get-tested-hiv>) and questions to ask the doctor about HIV testing (<https://health.gov/myhealthfinder/health-conditions/hiv-and-other-stds/hiv-testing-questions-doctor>). Finally, review this list of Healthy People 2030 evidence-based resources related to HIV and other sexually transmitted infections (<https://health.gov/healthypeople/objectives-and-data/browse-objectives/sexually-transmitted-infections/evidence-based-resources>).

- **World Hepatitis Day**

Each year on July 28, the World Health Organization celebrates World Hepatitis Day as a time to raise awareness and understanding about viral hepatitis. Use these campaign materials [🔗](https://www.worldhepatitisday.org/hep-cant-wait-campaign-materials-2023/) (<https://www.worldhepatitisday.org/hep-cant-wait-campaign-materials-2023/>) from the World Hepatitis Alliance to help raise awareness online and in your community. You can also share our MyHealthfinder resources to encourage people to get screened for Hepatitis C (<https://health.gov/myhealthfinder/doctor-visits/talking-doctor/hepatitis-c-screening-questions-doctor>) and how to stay protected against Hepatitis B (<https://health.gov/myhealthfinder/health-conditions/hiv-and-other-stds/protect-yourself-hepatitis-b>). And be sure to check out the Healthy People 2030 evidence-based resources on viral hepatitis (<https://health.gov/healthypeople/objectives-and-data/browse-objectives/infectious-disease>) to help reduce the rates of infectious disease in your community.

We hope you'll use these resources to help spread the word about these important NHOs. Together, we can work towards a healthier nation.

Tags: Health Literacy (<https://health.gov/news/tag/health-literacy>)