



National Institute
on Minority Health
and Health Disparities

NATIONAL MINORITY HEALTH MONTH

- [Education and Outreach](#)

[Art
Challenge](#)

[DEBUT
Challenge](#)

[Science
Day for
Students at
NIH
Celebrating
National
Minority
Health
Month](#)

[Breathe
Better
Network
Healthy
Mind
Initiative](#)

[Fuel Up to
Play 60 en
Español](#)

[Reaching
People in
Multiple
Languages](#)

[Healthy
Hearts
Network
Mental
Health
Essay
Contest
Brother,
You're on
My Mind](#)

- [COVID-19 Information and Resources](#)



NATIONAL MINORITY HEALTH MONTH

Be the Source for Better Health | April 2024

Be the Source for Better Health

Improving Health Outcomes Through Our Cultures, Communities, and Connections

April is [National Minority Health Month \(NMHM\)](#), a time to raise awareness about the importance of improving the health of racial and ethnic minority communities and reducing health disparities. [Learn more about NMHM.](#)

Join NIMHD, our partners across NIH, and the [HHS Office of Minority Health \(OMH\)](#) to ***Be the Source for Better Health*** as we share resources to *improve health outcomes through our cultures, communities, and connections.*

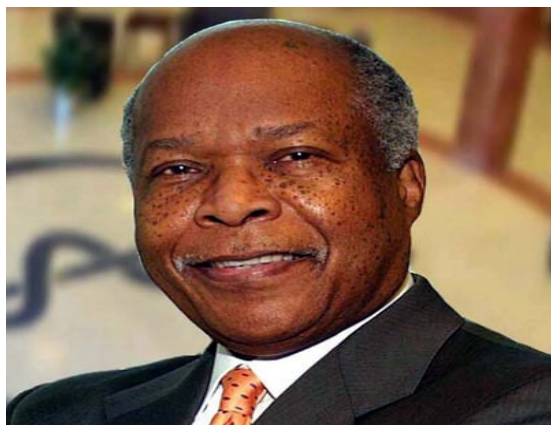
About National Minority Health Month

Celebrated every year in April, National Minority Health Month:

- Builds awareness about the disproportionate burden of premature death and illness in people from racial and ethnic minority groups.
- Encourages action through health education, early detection and control of disease complications.

The origin of National Minority Health Month was the 1915 establishment of National Negro Health Week by Booker T. Washington. In 2002, National Minority Health Month received support from the U.S. Congress with a concurrent resolution (H. Con. Res. 388) that “a National Minority Health and Health Disparities Month should be established to promote educational efforts on the health problems currently facing minorities and other populations experiencing health disparities.” The resolution encouraged “all health organizations and Americans to conduct appropriate programs and activities to promote healthfulness in minority and other communities experiencing health disparities.”

2024 NIMHD NMHM Events



NIMHD Fireside Chat

With The Honorable Louis W. Sullivan, M.D.
President Emeritus, Morehouse School of
Medicine
Former Secretary, U.S. Department of Health
and Human Services, 1989-1993

Monday, April 22, 2024
1:30 – 2:30 p.m. ET
Via NIH Videocast

Learn More

[NIMHD Fact Sheet \(PDF, 90 KB\)](#)

Read about what is happening at NIMHD at the [News and Events](#) section

Contact Us

301-402-1366

NIMHDinfo@nimhd.nih.gov

- [Viewers & Players](#)

[U.S. Department of Health & Human Services](#) | [National Institutes of Health](#) | [USA.gov](#)

Page updated March 27, 2024 <https://www.nimhd.nih.gov/programs/edu-training/nmhm/>