



October is Breast Cancer Awareness Month

Everyone has breast tissue, don't forget to look and feel your breasts/pecs regularly by conducting a breast self-exam.

Signs to look out for:

- A lump or unusual thickening in the breast or underarm area
- A change in color or rash on the skin of the breast
- Unusual nipple discharge
- Swelling of all or part of the breast area
- A change in size or shape of the breast
- Itchy, sore or scaling of the nipple
- Dimpling on breast skin or nipple turning inward
- Breast or nipple pain that does not go away

Consult your physician if you experience any of the above symptoms of breast cancer and/or if you have any questions or concerns.



McGuire Medical Clinic

322-467-9876 / 3826 Bolman Court, Buffalo, IL 62515